

# MOAB AREA BIKE TRAILS

The Moab area has many mountain bike trails of varying difficulty. The following provides a subjective rating of the most popular trails. To ride these trails you should obtain a map and/or guidebook. Avoid injury, exhaustion, disgust and fatigue by picking a trail that you are suited for. The ratings are relative, what may be a "difficult' trail elsewhere may be considered easy in Moab. All of the trails listed have Outstanding scenery and are worthwhile destinations. The trails are listed in order of perceived difficulty, with 4 being the most difficult.

#### Slickrock Bike Trail - 4

12.7 miles out-and-back, constant elevation change; slickrock with short patches of sand; very steep patches; technically and physically difficult – not for beginners; Sand Flats Recreation Area fee.

#### Porcupine Rim - 4

14.4 miles one-way from trailhead on Sand Flats Road to Highway 128, 30.8 miles for the entire loop; 900 foot climb from trailhead, then 3,000 foot descent; loose, rocky jeep trail and single-track; Sand Flats Recreation Area fee; plan for weather extremes due to higher elevation

# Kane Creek Canyon Rim & Pritchett Canyon - 3

21.8 miles one-way trailhead near highway 191 to Kane Creek Road; 1,500 foot descent with short, steep climbs; jeep trail with rocky surfaces, big ledges and some sand; fee to landowner at the end of ride.

# Flat Pass (Aka Steel Bender) - 3

18 mile loop including 6 miles on pavement; multiple ascents; low 4,500 feet, high 5,900 feet; jeep trail with rocky ledges, stream cobble, some sand and multiple stream crossings.

# Amasa Back (Aka Cliff Hanger) - 3

13 miles out-and-back from trailhead on Kane Creek Road; 1,100 foot ascent; jeep trail with loose rock, ledges and hard-packed sections.

# Poison Spider Mesa - 3

11.4 mile out-and-back to Little Arch from trailhead on Highway 279; 700 foot ascent; jeep trail, large slickrock area, sand, cobbles and ledges; marked with white jeep stencils on rock.

# Gemini Bridges - 1

(Out and back-2) 13.7 miles oneway from trailhead on Highway 313 to trail-end at Highway 191 or 16.6 miles out-and-back from Highway 191 to Gemini Bridges; 1,400 foot descent one-way with a long, steep climb near the end; 700 foot ascent to the bridges as an out-and-back from Highway 191; rocky surface and some sand.

#### Klondike Bluffs - 1

15.6 mile out-and-back to Arches National Park boundary from trailhead on Highway 191; 800 foot ascent; jeep trail with hardpack and slickrock; marked with dinosaur footprint stencils; avoid when wet.

# Lower Monitor and Merrimac Loop - 1

7.4 mile loop north of the Monitor and Merrimac buttes from trailhead near Highway 191; 470 foot ascent; jeep trail, slickrock and some sand; large open slickrock riding areas; marked with white dashes; avoid when wet.

#### Hurrah Pass - 1

19 mile out-and-back from end of pavement on Kane Creek Road; 700 foot ascent to Hurrah Pass with intermediate ascents; graded gravel and dirt road; ride may be shortened by starting farther along the Kane Creek Road.

The Moab area offers challenging riding amidst world-class scenery. The characteristics of the area that make it a special place for riding also make it extremely important to follow basic safety procedures.

# Always...

#### Wear A Helmet

Most trails are very rocky. Even the best riders can get tired and make mistakes. Helmets can prevent or reduce the severity of head injuries. Medical professionals say that the average cost of treating a major head injury is over a half million dollars.

## Carry Lots Of Water And High Energy Food

During the warmer months, after a few hours, most riders start craving water. Take two large bike bottles and a reserve supply in a water bladder or other container. Eating at intervals provides an opportunity to rest and the energy needed to complete the ride.

### Carry Trail Maps And Use Them To Track Your Position

Great trail maps and guidebooks are available at bike shops, the Moab information center, bookstores and other locations in town. Check the alignment of the route and key junctions. Moab is surrounded by a maze of deep canyons and towering cliffs. Never try to cut crosscountry to shorten a ride.

# Stay Found, Save Money

Grand County has the highest incidence of search and rescue in Utah. The high cost of these operations is normally the responsibility of the rescued

party. If you decide that you have lost the trail, do not continue on in hopes of finding your own way. Retrace your route back toward the trailhead until you pick up the trail, find someone who knows the area, or return to the trailhead. If you cannot retrace your route, stay put, conserve energy and water, make yourself visible and await rescue.

# Check Your Bike Frequently

Riding on Moab trails loosens headsets and puts maximum stress upon frames and components. Frequent inspections reduce the possibility of injury.

### Develop Basic Riding Skills On The Easier Trails

The Slickrock and Porcupine Rim are not suitable for places to learn or teach basic riding skills.

# Be Prepared In Case Of Emergency

Don't venture into remote areas with nothing but a t-shirt and shorts. Carry a windbreaker, sunscreen, sunglasses, maps, matches or lighter, pump, patch kit, firstaid kit, a good bike tool kit and extra food, water, and clothing. Ride with someone else and stay together.

Discuss your situation calmly and make a plan to improve it.

#### Respect The Desert

Tread lightly when traveling (don't leave bike tracks off

trails) and leave no trace of your camping. Help keep Canyon Country clean by taking your trash home and picking up after the less aware. Protect and conserve scarce water sources for wildlife by not polluting or bathing in them. Allow space for wildlife by maintaining your distance, and leave historic sites, rock art, ruins and artifacts untouched for the future.

### Have Fun And Learn About The Special Features Of The Area

Great trails are not the only reason Moab has become an international destination. Take time to enjoy the scenery, study ancient Native American rock art, or marvel at the harmony of a cryptobiotic soil garden.

#### discovermoab.com

# The Official Website of the Moab Area Travel Council

- Latest Calendar of Events for the Moab and Green River Area
- Complete lists of local accommodations, campgrounds, and tour operators
- Local restaurants
- Local attractions and activities
- Transportation Airline, Train and Bus Service
- Rental Cars and Shuttle Services
- Scenic Drives
- Rock Art Tours
- Hiking Information
- Mountain Bike Trails
- Much More!